



# Strengths to Solutions

## Advancing Sex and Gender Science for Healthy Futures

The CIHR Institute of Gender and Health's (IGH) mandate is to foster research excellence regarding the influence of sex and gender on health and to apply these findings to identify and address pressing health challenges facing men, women, girls, boys and gender-diverse people.



### OUR RESEARCH PRIORITIES

#### PRIORITY 1

Driving Systemic Change for Sex and Gender+ Integration



#### PRIORITY 2

Advancing Sex and Gender Science



#### PRIORITY 3

Investing in Sex and Gender Research for Health Equity



### THE VALUES THAT GROUND OUR WORK

- Respect for Indigenous knowledge, ways of knowing, self-determination and Truth and Reconciliation
- ▀ Committed to nuanced scientific understandings of how sex and gender shape health across the lifecourse
- ▀ Advanced beyond sex and gender binaries
- ▀ Enriched by intersectionality
- Focused on priority areas and communities facing inequities
- ▀ Inclusive of community research partners
- ▀ Strengths-based
- Supportive of studying small populations deeply
- ▀ Partnerships and relationships-focused
- ▀ Engaged with all four pillars of health research
- ▀ Inclusive of researchers, trainees, policymakers, clinician scientists, people with lived and living experiences and Indigenous people

### AREAS OF FOCUS



Two-Spirit and LGBTQI+ (2S/LGBTQI+) health



Women's health



Gender and health within Indigenous and Black communities



Read IGH's Research Priority Plan at <https://cihr-irsc.gc.ca/e/35752.html>

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