Sunday, September 22, 2019 from 8:50 to 16:00 PDT – Room 122, Vancouver Convention Centre

Canadian Sleep Society (CSS)/CIHR Institute of Circulatory and Respiratory Health (CIHR-ICRH) Trainee Research Day at World Sleep 2019

This daylong event has been designed by trainees for trainees in sleep research. The program will be relevant to a wide range of trainees, and was planned to achieve scientific integrity, objectivity and balance. Participation is encouraged from trainees at all levels, from graduate students to fellows, working in basic and clinical research fields. The format of the program will include a mixture of data presentations by trainees and senior investigators, in addition to professional development sessions where attendees will get advice from experts on improving their scientific communication skills. The CCS/CIHR-ICRH Trainee Research Day will conclude with a social event and data blitz aimed at getting attendees to interact, network, and have fun.

CSS/CIHR-ICRH Trainee Research Day		
08:50AM – 09:00AM	Welcome and opening remarks	Sara Pintwala, Canada
9:00AM – 10:00AM	Foundations, translation and application Keynote Address: Astrocyte and microglia responses to sleep loss	Kazue Semba, Canada
10:15AM – 11:15AM	Answers that matter: A focus on knowledge translation in sleep science. Will there ever be pharmacotherapy for obstructive sleep apnea?	Andrew Wellman, United States
11:15AM – 11:20AM	Introduction to session	Sara Pintwala, Canada
11:20AM – 11:30AM	Overview of trainee funding opportunities	Jonathan Charest, Canada
11:30AM – 12:00PM	"Inside the mind" of the CIHR	Ryan Perry, Canada
12:00PM – 12:30PM	Lunch break	N/A
12:30PM – 1:30PM	Lunch and learn: Graduate studies and career pathways	Christina Whiteus, United States Lee Tunstall, Canada
Afternoon session: Focus on students		
1:30PM – 2:30PM	Trainee symposium	Srikanth Chowdhury, Bangladesh Thierry Provencher, Canada HanHee Lee, Canada
2:30PM – 4:00PM	Social mixer and data blitz	N/A

CIHR Sex- and Gender-Based Analysis Trainee Abstract Award

The CIHR Institute of Circulatory and Respiratory Health (ICRH) and Institute Gender and Health (IGH) have partnered to create a new award for trainee abstracts submitted to World Sleep 2019. The CIHR Sex- and Gender-Based Analysis Trainee Abstract Award will recognize the trainee abstract that best demonstrates appropriate integration of sex and/or gender analysis into the research. Judges will evaluate all scientific abstracts submitted by trainees to World Sleep 2019 and score the integration of sex and/gender based analysis using a standardized rubric. The winner will receive a certificate and a monetary prize of $250, which will be presented at the CSS/CIHR-ICRH Trainee Research Day as part of World Sleep 2019.