



***GENESIS PRAXY***  
***Gender Questionnaire***

**Louise Pilote MD MPH PhD FRCPC**

Professor of Medicine  
James McGill Chair, McGill University  
5252 de Maisonneuve Blvd., room 2B.39  
Montreal, Quebec, Canada. H4A 3S5

Tel: 514-934-1934 ext. 44722 or 34667  
Fax: 514-843-1676

**Published articles using the *GENESIS PRAXY Gender Questionnaire*:**

- 1) R Pelletier, B Ditto, L Pilote for the GENESIS-PRAXY Investigator. A Composite Measure of Gender and Its Association With Risk Factors in Patients With Premature Acute Coronary Syndrome. *Psychosom Med.* 2015 Jun;77(5):517-26.
  - 2) Pelletier R, Khan NA, Cox J, Daskalopoulou SS, Eisenberg MJ, Bacon SL, Lavoie KL, Daskupta K, Rabi D, Humphries KH, Norris CM, Thanassoulis G, Behloul H, Pilote L; GENESIS-PRAXY Investigators. Sex Versus Gender-Related Characteristics: Which Predicts Outcome After Acute Coronary Syndrome in the Young? *J Am Coll Cardiol* 2016 Jan 19;67(2):127-35.
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Date : _____
Participant ID : _____

- Are you?     A man     A woman
- Which statements describe your current work situation? (Please check all that apply)
  - Currently working
  - Student
  - Homemaker
  - Unpaid Volunteer
  - Unemployed, looking for work
  - On leave of absence
  - Other (specify): \_\_\_\_\_
- What is the highest level of education that you completed?
  - No degree, certificate or diploma
  - Completed High School
  - Some college/university
  - Completed post secondary school (college/university)
  - Completed registered apprenticeship/or other trades certificate
- What is your current job? \_\_\_\_\_
- How many hours per week do you usually work in your job, including paid and unpaid overtime hours? \_\_\_\_\_ Hours per week
- Do you or your spouse/ partner receive any of the following benefits through your/their jobs? (check all that apply)
  - A dental plan
  - Paid maternity or parental leave (above what's provided by employment insurance)
  - A pension plan
- For the children or other people living with you, to what level are you directly responsible for caring for them? (circle one number)
 

no responsibility							total responsibility	N/A
0	1	2	3	4	5	6	<input type="checkbox"/>	
- For the children or other people living with you, to what level are you directly responsible for disciplining them? (circle one number)
 

no responsibility							total responsibility	N/A
0	1	2	3	4	5	6	<input type="checkbox"/>	
- If any of your children or other people living with you get sick, compared to their other parent, how likely is it that you will be the one to go get them (circle one number)
 

very unlikely							very likely	N/A
0	1	2	3	4	5	6	<input type="checkbox"/>	

10. On average, how many hours a week do you usually spend doing housework (e.g., cleaning, cooking, washing, etc.)? \_\_\_\_\_

11. Are you the primary person responsible for doing housework in your home?  
 Yes     No

12. On a scale of 1-10 with 10 being the most stressed, how do you rate the following?  
*(Adapted - Lori Mosca Preventive Cardiology at New York Presbyterian Hospital)*

	No Stress <b>1</b>	2	3	4	5	6	7	8	9	Most Stress <b>10</b>
Stress level at work <input type="checkbox"/> I do not work										
Stress level at home										
Overall stress level										

13. During the last 2 weeks, have you felt sad, blue, or depressed for most days of the week?  
*(Adapted - DSM-IV)*  
 Yes     No     Don't know

<b>If yes, for 2 weeks or more in a row...</b>	Yes	No	Don't know
Did you lose interest in things?			
Did you feel tired or low on energy?			
Did you gain or lose weight?			
Did you have trouble falling asleep?			
Did you have trouble concentrating?			
Did you think of death?			
Did you feel worthless?			

14. Please read the following questions and circle the response that most closely describes your current situation  
*(Adapted - ESSI - Vaglio et al 2001)*

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Is there someone available to you whom you can count on to listen when you need to talk?	1	2	3	4	5
Is there someone available to give you good advice about a problem?	1	2	3	4	5
Is there someone available to you who shows you love and affection?	1	2	3	4	5
Do you have as much contact as you would like with someone you feel close to, someone in whom you can trust and confide?	1	2	3	4	5

15. Please tick the box that most reflect your feelings to the following statements

*(Adapted - HADS - Snaith & Zigmond, 1994)*

I felt tense or 'wound up':

- Most of the time
- A lot of the time
- Time to time, occasionally
- Not at all

I still enjoyed the things I used to enjoy:

- Definitely as much
- Not quite so much
- Only a little
- Hardly at all

I got a sort of frightened feeling like something awful is about to happen:

- Very definitely and quite badly
- Yes, but not too badly
- A little, but it doesn't worry me
- Not at all

I could laugh and see the funny side of things:

- As much as I always could
- Not quite so much now
- Definitely not so much now
- Not at all

Worrying thoughts went through my mind:

- A great deal of the time
- A lot of the time
- From time to time but not too often
- Only occasionally

I felt cheerful:

- Not at all
- Not often
- Sometimes
- Most of the time

I could sit at ease and feel relaxed:

- Definitely
- Usually
- Not often
- Not at all

I felt as if I am slowed down:

- Nearly all of the time
- Very often
- Sometimes
- Not at all

I got a sort of frightened feeling like 'butterflies in the stomach':

- Not at all
- Occasionally
- Quite often
- Very often

I had lost interest in my appearance:

- Definitely
- I don't take as much care as I should
- I may not take quite as much care
- I take just as much care as ever

I felt restless as if I have to be on the move:

- Very much indeed
- Quite a lot
- Not very much
- Not at all

I looked forward with enjoyment to things:

- A much as I ever did
- Rather less than I used to
- Definitely less than I used to
- Hardly at all

I got sudden feelings of panic:

- Very often indeed
- Quite often
- Not very often
- Not at all

I could enjoy a good book or radio or TV program:

- Often
- Sometimes
- Not often
- Very seldom

16. Rate yourself on each item, on a scale (1 - Never or almost never true; 7 - Almost always true)  
(Adapted - BEM Inventory- Distributed by Mind Garden)

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Defend my own beliefs							
Have leadership abilities							
Affectionate							
Eager to soothe hurt feelings							
Conscientious							
Secretive							
Independent							
Willing to take risks							
Sympathetic							
Warm							
Moody							
Adaptable							
Assertive							
Dominant							
Sensitive to the needs of others							
Tender							
Reliable							
Conceited							
Strong personality							
Willing to take a stand							
Understanding							
Loves children							
Jealous							
Tactful							
Forceful							
Aggressive							
Compassionate							
Gentle							
Truthful							
Conventional							

**Think of the ladder representing where people stand in their communities.**

*(Adapted - The MacArthur Scale of Subjective Social Status)*

People define community in different ways; please define it in whatever way is most meaningful to you. At the top of the ladder are people who have the highest standing in their community. At the bottom are the people who have the lowest standing in their community

17. Where would you place yourself on this ladder?

Please place a large 'X' on the rung where you think you stand at the time in your life, relative to other people in your community.



**Now, think of the ladder as representing where people stand in Canada.**

*(Adapted - The MacArthur Scale of Subjective Social Status)*

At the top of the ladder are the people who are best off, those who have the most money, the most education and the most respected jobs. At the bottom are the people who are the worst off - who have the least money, least education and the least respected jobs or no job. The higher up you are on the ladder, the closer you are to the people at the very top.

18. Where would you place yourself on this ladder?

Please place a large 'X' on the rung where you think you stand at this time in your life, relative to the other people in Canada.



19. Are you the primary earner in your house?  Yes  No

20. What range is your personal income?

- Less than \$15,000
- \$15,000 to \$29,999
- \$30,000 to \$49,999
- \$50,000 to \$69,999
- \$70,000 to \$99,999
- More than \$100,000
- Do not know
- Do not wish to answer